Day	9.00-9.30am	B	Review (10mins)	9.45-10.15am	B	Review (10mins)	10.30-11.00am	Break 20mins	Review (10mins)	11.30-12noon	Lunch 60min	B	Review (10mins)
Monday													
Tuesday													
Wednesday													
Thursday													
Friday													
Saturday													
Sunday													

Afternoon session

Day	1.30-2.00pm	B	Review (10mins)	2.15-2.45pm	B	Review (10mins)	3.00-3.30am	Break 20mins	Review (10mins)	4.00-4.30pm	B	Review (10mins)	4.45-5.15pm
Monday													
Tuesday													
Wednesday													
Thursday													
Friday													
Saturday													
Sunday													

Evening Session

Day	7.00-7.30pm	B	Review (10mins)	7.45-8.15pm	B	Review (10mins)	8.30-9.00pm	B	Review (10mins)	Relax time
Monday										
Tuesday										
Wednesday										
Thursday										
Friday										
Saturday										
Sunday										